

La-Cep Exchange Program 2018  
Tokyo University of Foreign Studies  
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## **Internship Report**

### **Activity dates schedule**

In a total of ten non-consecutive days, the activity days were scheduled accordingly with the availability of the students. I participated in a total of eight activities. The first four days we stayed at the Chofu's citizen hall and in the second week we started our activities in "*Jidoukan*".

### **Activities description**

#### **Banner objective and content**

First we had a first meeting with the Chofu prefecture responsables and the *Jidoukan* responsables to clarify our schedule, our activities and also what plan do we had to prepare the material. Our main activity was making presentations in "*jidoukan*" about Brazilian culture. Since our public would be children, the content of the banner couldn't be too much serious, but at the same time we had to present them our culture beyond the obvious and common stereotypes. Because of that, our decision was to present the following points:

- Present ourselves to making them feel more comfortable when listening to us. More than that, it became a interesting method to introduce different brazilian cities to the kids.
- Introduce some basic Portuguese words like "bom dia" and how to say your name. This point would also help them to not make confusion about which language is spoken in Brazil.
- Compare Brazilian and Japanese culture, such as different habits in the house, different ideas about what to eat as breakfast, lunch and dinner.
- Rapidly present some traditional parties.
- Show Brazilian traticional foods. The prefecture provided them the experience of drinking "guaraná" and eating "brigadeiro", which we had the opportunity of preparing by ourselves for the kids in some spaces.

Futhermore, we could also present to the kids a little more than what was written in the banner. We played with them some Brazilian kids hands's play and also learned from them many traditional japanese games.

## **“Chofu Machi Katsu Festa” participation**

During the annual Chofu city’s party we enjoyed volunteers to help with the workshops. I was responsible for the Daruma workshop, which offered to the visitors the experience of helping to decorate the daruma for the city, it’s symbol because of the famous Jindaiji Temple, and also daruma games for kids and adults.

### **Personal Opinion**

In the first place, I emphasize the gentle and comprehensive way we were treated by everyone in the prefecture and in the “Jidoukan”. It was very gratefully to see such interest in my country and culture.

I also could learn many things about Japan in all the events. Our participation in “Machi Katsu festa”, even though it was a simple workshop, by decorating the daruma and learning those daruma games, became a lesson about Chofu city and Japanese culture, especially because everyone was really interested in teaching us. In our activities, the kids were very receptive and gentle, there were no problem or lack of interest by them, something that really makes me happy for having this experience.

I hope that our participation had helped to improve japanese people’s knowledge about Brazil and somehow contributed to Japan. Anyway, I feel that, since our japanese level is not so low, we could have contributed more. Honestly, I’ve heard the internship experience La-Cep friends and it seems that they had contributed much more than I could. Even though it was really interesting, for me it was more like participating on a volunteer program than doing an internship.